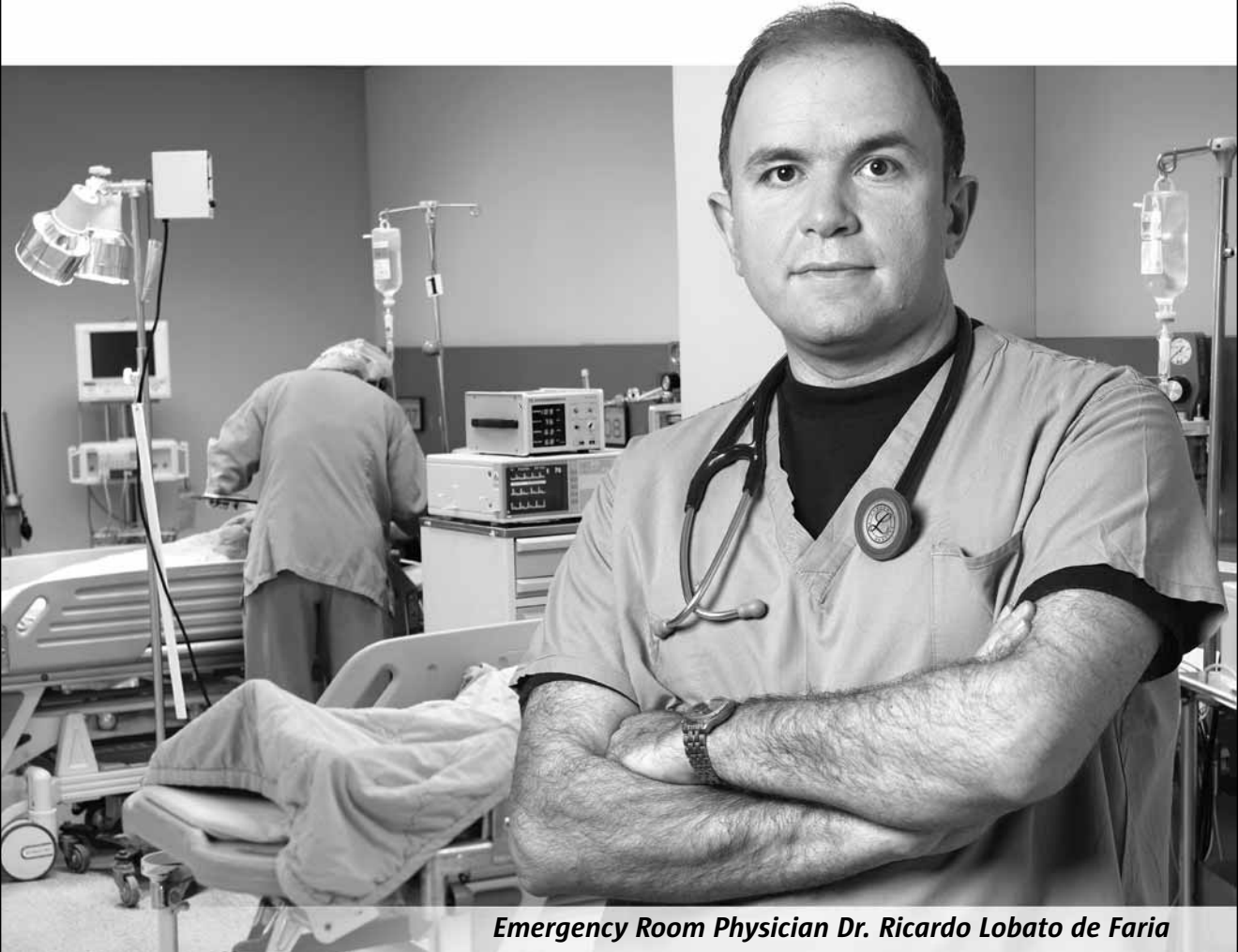


If it's an emergency,
come to the ER.

**If it's not, there may
be better choices.**



Emergency Room Physician Dr. Ricardo Lobato de Faria

Hospital emergency rooms are busy places. And patients with life-threatening emergencies are always treated first.

That means if you have a minor injury or illness, you may have to wait. If you're looking for a second opinion about a long-standing problem, the emergency room is not the best solution. And unless it's urgent, the ER will not be able to get the test your doctor ordered completed any earlier.

- If you think it's an emergency, go to the ER.
- If it isn't – a mild or chronic headache, back pain, minor cuts or burns, colds, a sore throat, a possible sprain – go to your family doctor, local walk-in clinic, the Misericordia Urgent Care Centre or the Pan Am Minor Injury Clinic instead.
- If you're not sure what's right for you, call Health Links-Info Santé and talk to a nurse anytime day or night.

Health Links – Info Santé

Manitoba toll-free 1-888-315-9257
In Winnipeg, call 788-8200